

LPC Connection

Learn • Promote • Counsel

Official Publication of the Licensed Professional Counselors Association of Georgia

Congratulations to LPCA Award Winners!

WHAT'S INSIDE...

Photos of 29th Annual Convention *pages 10-11*

LPCA Founder: Charles W. Good *page 9*

New Education Requirements *page 5*

Starting a Private Practice *page 5*

How to Choose a Supervisor *page 7*

Adventure Based Counseling *page 4*

What I Wished I Knew Then *page 8*

Options for New Graduates *page 6*

Book Review *page 6*

NBCC Symposium *page 8*

LPCA Board *pages 2-3*

CE Workshops *pages 13-15*

Office Space *page 18*

Supervisors *page 19*

LPCA 29th Convention Exhibitors *page 15*

Linda Painter Award

Don Durkee, EdS, LPC, NCC, CPCS

At the age of 50, Don went back to graduate school to pursue a second career in counseling. He has been exemplary through the work he has done for LPCA first as Ethics Chair and later as President. He was instrumental in the certification of supervisors. He continues to offer his time to students as a guest lecturer and counselor supervisor.



John C. Burns III Lifetime Achievement Award

William D. Darsey, LPC

Will has tirelessly fought for parity and against anyone who would try to talk down to or marginalize counselors. He continuously gives back to others including students, colleagues, and other professionals. A mentor to many, he believes the role professional counselors play in the mental health of our population is vital and second to none.

Counselor Educator of the Year Award

Phyllis Weatherly, LPC

For more than twenty years, Phyllis has been an exemplary trainer to future counselors of Georgia. Greatly admired by those she has mentored, she has impacted generations of counselors. She is currently the Counselor Director at Kennesaw State, Marietta Campus and plans to retire this year.



George C. Podein Counselor of the Year Award

David Markwell, PhD, LPC, NCC, ACS, CPCS, CART, EAS-C

David Markwell, PhD, LPC, NCC, ACS, CPCS, CART, EAS-C, is recognized for his outstanding contributions to the profession of counseling and dedication to the citizens of Georgia. This past year, Dr. Markwell, who has had a practice in East Cobb for years, opened a clinic in the North Georgia mountains. Through his research, he knew people there needed access to mental health services. The demand was so great, that he brought on a bilingual LAPC and most recently an intern to meet the needs of the community. While David could have limited his practice to the East Cobb area, he chose to fill a need where others had not. This typifies David and his vision for being a servant to the mental health needs of the people of Georgia.

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EXECUTIVE DIRECTOR

Gale Macke lpca@mindspring.com

The last several months have been very intense in trying to navigate the new law and the new licensing board rule. The rumor mill has been busy. Time for some facts:

Why is there a new diagnosis training requirement in the law?

LPCA 2016 legislation was one page, with one word *diagnose* added to the counselors' scope of practice, just as NASW of GA and GAMFT added the same word to their scope of practice in 2012 and 2014 respectively.

In the 2016 legislative session NASW of GA expressed to legislators that LPCs were not qualified to diagnose. The NASW Executive Director, President, and their Georgia lobbyist insisted that LPCs be required to have proof of diagnosis training if the legislators were going to grant LPCs the same right to diagnose as social workers. The GPA and their lobbyist could not get their legislation which was to limit your rights to assessment tools. They told legislators that LPCs "did not understand" which tools they could use.

What I have learned is that politicians do not like conflict; they work hard for compromise. But LPCA would not compromise. How can you compromise on one word, *diagnose*?

The legislators changed the verbiage of "counselors must have proof of diagnosis training" to "ALL THOSE LICENSED by the Composite Board must have proof of diagnosis trainings." We were running out of the legislative session and had to get *diagnose* added to the LPCA Scope of Practice and therefore let the legislation pass.

In January of 2017, I met with the Licensing Board Rules Committee, comprised of one LPC, one LCSW, one LMFT, and four Psychologists (who were struggling with comprising a rule as dictated by the law due to the influence of the Psychology Licensing Board). I requested to gather the other associations to go to the Capitol to change the law." To this they gave me a resounding "No." I explained that there is still time as the law states: "All persons licensed under this chapter who have not already completed as of January 1, 2017, sufficient training, experience, or classes related to diagnosing as part of their licensure requirements..." The law further states: "(b) On or before January 1, 2017, the Board shall develop a curriculum of continuing education relating to diagnosing." The Georgia Composite Board Rule Committee still does not have a completed rule, which is why in the 2017 legislative session (January–March) we worked at the Capitol getting you added permanently to the list of providers who can sign a 10-13, 20-13 form. We tried to find unified support in changing the 2016 law.

If someone tells you it is LPCA that put in the diagnosis course requirement, you can tell them it was NASW of GA and one legislator who changed it from "Professional Counselors" to "all persons licensed under the Georgia Composite Board (fully licensed after April 26, 2006), working with people with mental illness, developmental disabilities, or substance abuse."

Does my diagnosis course count?

The Georgia Composite Board of PC, SW, MFT will not answer this question. CACREP accreditation has 17 different names for a "diagnosis" course. The licensing board uses "psychopathology" because that is what the current "brick and mortar" public universities use.

Look at your LPC application; did you fill in a course under section 9? Did you save a copy of your application? If not, the licensing board did talk about how they might be able to make your application available to you. Look at your transcript; ask your university to provide you with a course description and better yet, the syllabus of the course.

(IX) **Psychopathology**, which includes theories, research, descriptive characteristics, categories, dynamics, and etiology of mental, behavioral, cognitive and personality disorders, with a focus on utilization of the diagnostic and statistical manual of mental disorders (DSM) and/or International Classification of Diseases (ICD). Notice that the course description is not an assessment course. That course is section 6.

And that is how we got here...

CENTRAL DISTRICT

Jessica Hatcher, LPC



One of the most important things we do as clinicians is to stay informed of the resources available to our clients in our communities. In a time when resources continue to dwindle, it is our net-working skills with other clinicians that can become critical to the success of our clients, their families and our profession. To that end, the Central District started the 2017 Lunch 'n' Learn series with a review of resources offered by the Family Counseling Center. Executive Director Frank Mack shared the many services that this not-for-profit agency has offered to the local community since its inception in 1957. From victim advocacy to parenting classes, to adoption services, attendees were updated on the many services available to their clients and families through the Family Counseling Center. A question and answer session also allowed participants to ask and share other resources available in the middle Georgia region.

Treatment modalities have also been explored in the Central District using Cognitive Behavioral Therapy (CBT) techniques in treating clients. Heather Prunty, LPC, presented on February 24, 2017 and provided hands-on practical CBT techniques. Participants could participate in experiential techniques during the event, including the use of music and mandalas. Responses to the experiential practices from participants were processed as a group with a discussion on the application of such approaches in their unique treatment settings. Techniques and their implications for all ages and settings were reviewed.

In keeping with the theme of practical techniques to drive results with clients and support systems, Deanna Schultz, LPC, presented on Dialectical Behavior Therapy on March 31, 2017. In addition to a general overview of Dialectical Behavior Therapy (DBT) and the distinction between DBT and Cognitive Behavioral Therapy, an in-depth review of the treatment modules was provided. Attendees explored the use of Wise Mind Process and Mindfulness and learned how to apply these techniques in their treatment settings.

Finally, the Central District was updated at each lunch event regarding the progress of state legislature as it relates to LPCs in Georgia. Updates included the diagnosis bill, the 10-13 sunset clause and activities of LPCA of GA. Staying up-to-date on the news that matters to the profession of Licensed Professional Counselors is critical to our continued success!



PRESIDENT

Darrell Brooks, LPC, CPCS

It is my honor and privilege to serve you, the members of LPCA of Georgia. In 2016, we have seen so much change as an association. We lived through the countless months, weeks, days and hours just to see SB319 become law. We fought through those who opposed our profession to obtain the right to

diagnose. We have seen and felt the loss of colleagues, friends and loved ones. Yet we continue to push through. We have learned to address new techniques and new technologies to assist us with ways to improve our profession.

Now, in 2017, is our time to put away our fears and begin to promote our profession in a new way that reaffirms our fundamental truth. We are many; we are one. The inclusion of all of us in this profession must also remember this word: "providence." Images that we have as members must also be the fuel to challenge us to become better. Not only for our country, community, profession, and clients, but for ourselves, our families and our legacy.

At this conference, we established "providence." These events are the genesis of what is to come, leading us to a more celebratory atmosphere of our accomplishments. This is our time. This is our profession. Moreover, we need to come together and stand united. When we are met with cynicism and doubt, lean on one another and promote our "providence." Because of you that is why I will continue to fight.

PAST PRESIDENT

Katie Tolleson, MS, LPC, NCC

I would like to thank the LPCA membership for giving me the opportunity to serve on the LPCA board for many years, the last three of which were in a presidential role. Serving on the board has given me invaluable insight into the workings of our profession from both legal and advocacy standpoints.

It has allowed me to experience first-hand the importance of growing and strengthening our profession both now and for years to come. One of the greatest examples during my tenure occurred last year when the Georgia legislature voted to add the word "diagnose" to our professional law. After years of fighting to prove our merit as highly educated, clinically proficient professionals, LPCs finally gained the recognition we have deserved. I was honored to be LPCA president that year, and was amazed to see how the LPCA membership rose to the occasion by showing up to advocate at the Capitol, making phone calls to legislators, and being willing to do whatever LPCA asked of you to fight for our profession. We banded together and made our voices heard.

I will miss my time on the board; it has made my professional life so much richer, from the friendships I've made to the experiences that I've had. I encourage you, the LPCA membership, to consider serving on the board if you have not done so. It is a fulfilling way to give back and to make your voice heard in the shaping of our profession. You have the opportunity to meet interesting, dynamic LPCs from all over the state!

Thank you again for the privilege of serving you. I look forward to the continued growth of LPCA and our profession under next year's board leadership.



IMMEDIATE PAST PRESIDENT

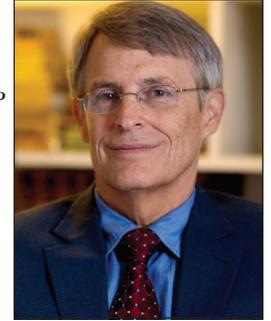
Galen Cole, PhD, MPH, LPC, CPCS, WCCP

Once again, LPCA's executive director, Gale Macke, lead the charge and prevailed at our Capitol on behalf of our membership and all LPCs across our state. On March 22, the House of Representatives voted 140 to 23 in support of SB 52 which removed the "sunset" provision on LPCs' right to be included on the list of providers (MDs, Psychiatrists, Psychologists, Social Workers, and Psych nurses) to sign an Involuntary Emergency Transport form (called the 10-13 for MH and the 20-13 for substance abuse). This form allows a person who is in danger of harm to themselves or others to be transported to the nearest receiving facility for a mental health evaluation. If the "sunset" had not been removed, LPCs would have been removed from the list of providers on July 1, 2018. Many of you may not realize that Governor Deal, when he was Congressman Deal in Washington DC, was the sponsor, not a co-signer, but *The Sponsor*, of all our mental health bills.

Please take a minute to email a "thank you" to our sponsors for supporting you and mental health:

Senator P.K. Martin—P.K.Martin@senate.ga.gov
 Senator Renee Underman—Renee.Underman@senate.ga.gov
 Senator Ben Watson—ben.watson@senate.ga.gov
 Senator Jeff Mullis—jeff.mullis@senate.ga.gov
 Senator Dean Burke—Dean.Burke@senate.ga.gov
 Senator John Kennedy—John.Kennedy@senate.ga.gov
 Representative Katie Dempsey—katie.dempsey@house.ga.gov

We'd also like to acknowledge our lobbyist, Ms. Julianna McConnell, who has been at the Capitol every day, for several years now, working to bring you parity! And thank you to all the LPCA Past Presidents, who have worked on this legislation for thirty years. It is a great time to celebrate being an LPC, fully recognized as an important part of the health care system!



EASTERN DISTRICT

Tracey T. Carter, LPC

Members of the Eastern District have requested CE opportunities on Saturdays. Typically, Saturday is a day of rest and relaxation. However, Saturday is also the day with the least amount of work related scheduling conflicts. On Saturday, March 18th, Dr. Tiffany Pope presented: *Protecting Our Youth from Suicide: Strengthening the Link Between Mental Health Agencies and Schools*. In addition to Dr. Pope, the Eastern District has many gifted trainers and presenters. I am currently collaborating with providers who are available on Saturdays and willing to offer CE opportunities in our district. LPCs who would like to attend Saturday sessions in the future can email me at Mrs.TraceyCarter@yahoo.com.

Monthly district meetings are held on the first Thursday of the month at 1265 Interstate Parkway, Augusta, GA. Meeting times alternate between day and evening hours every other month. Alternating times offer flexibility, attempt to accommodate various work and family life schedules, and encourage counselor participation. Please contact Tracey Carter to RSVP and confirm the time of our next meeting.



Expanding the LPC Toolbox: Adventure Based Counseling Made Accessible

Skye McIntyre, LPC, NCC
Norman Leonard, PhD



What You Need To Know...

- LPCA assists its members in improving their “toolbox” by highlighting innovative approaches or new applications of proven ideas.
- Adventure Based Counseling (ABC) has a long and successful history of helping people, but the technique is often considered inaccessible because of the special skill sets required for some forms of outdoor therapy, insurance considerations, time commitments, and expense.
- Herein LPCA of GA introduces an innovative new approach to ABC that puts the tool in the hands of office-based practitioners.
- Adding ABC to your practice can increase your effectiveness. Read on to find out how.

What Is Adventure Based Counseling?

Adventure Based Counseling (ABC) is a strengths-based approach that builds an individual’s self-esteem, judgment, decision-making skills, communication skills, and conflict resolution skills (e.g., Nassar-McMillan & Cashwell, 1997; Schoel, Prouty, & Radcliffe, 1988). It also works to increase pro-social peer interaction and family or group team building (Tucker, Widmer, Faddis, Randolph, & Gass, 2016). ABC utilizes experience-based activities to achieve these goals in conjunction with Cognitive Behavioral Therapy, Person Centered Therapy, Solution-Focused Brief Therapy, and many other therapeutic modalities. ABC techniques are used in schools and institutions to broaden pedagogical approaches, include more motion and outdoor experiences into education and mental health, and to reduce recidivism for at-risk youth (Schoel et al., 1988; Watkins, 2014).

ABC techniques include a wide range of hands-on experiences from high ropes courses (Schoel et al., 1988; Wolf & Mehl, 2011) to mindfulness paddling, an ABC technique currently under development by CORE Adventure Group, that can be practiced individually or in groups. Generally, ABC activities are outdoors, and all activities are hands-on, engaging the body and the mind. According to Alfred Adler.org, the main components of an ABC session include: Briefing: leaders give instructions to the group, emphasize the non-negotiable safety procedures, share information in a give-and-take manner, what is said is directly related to the experience/adventure that is about to occur; Leading: trust exercises, games that foster a sense of fun and cooperation, problem-solving exercises that encourage individual and group initiative, humor/fun, adventure experiences or expeditions, all exercises serve to encourage the improvement of self-concept; Debriefing: the experience that just occurred is evaluated by the group, everyone typically gets a chance to talk, some debriefings are directive and involve the instructor talking and the students listening, generally operate within a group process and ask

questions such as: What did we do? What does it mean? What are we going to do about it in our own lives? These steps can be repeated as needed.

This basic approach is effective, and some companies like Outward Bound and Project Adventure have built small empires based in the philosophy. It works. And the results are lasting – in some cases, even more so than many techniques commonly practiced in office-based therapeutic settings (Bettmann, Gillis, Speelman, Parry, & Case, 2016; Lubans, Plotnikoff, & Lubans, 2012).

Is ABC an Appropriate Tool for Your Practice?

Most counselors have heard of ABC, but few consider it a regular part of their practice. ABC seems like a lot of work, is thought of as long-term or residential, and can require extra training. Indeed, it’s a big idea, and more complex ABC activities like paddle-boarding, ropes courses, and wilderness hiking can require a skill set that is often peripheral—if not completely foreign—to that of most LPCs. However, it is possible to incorporate the components of an ABC session, along with your theoretical orientation, into something as simple as a walk in a park with individuals, couples, families, and even groups in your practice.

Major considerations when using ABC in your practice include asking yourself if you’re ready or comfortable enough to move counseling outside the therapy room, which clients might be good candidates for a such a move, and confidentiality and safety concerns that need to be addressed prior to beginning. Regardless of how long you have been practicing, supervision for this type of therapy is highly recommended. Orientation with your client before a session begins is vital to your client’s understanding that once a session leaves the confines of the therapy room, sessions are no longer guaranteed to be confidential. Debriefing at the end is also essential to gauge your client’s comfort with the experience. Physical and emotional safety are also important and being trained, at a minimum in CPR, is essential, as well as making sure your insurance covers you and your client outside your main location. The Association for Experiential Education Therapeutic Adventure Professional Group (TAPG) is currently developing a statement of best practice for adventure therapy.

If you are not comfortable adding ABC to your practice, but believe you have a client that could benefit from ABC, there are several practitioners in the state that offer ABC as hourly, daily, or weekend-long intensive therapeutic sessions that can be integrated into your client’s existing case plan. Some companies even offer longer excursion-length expeditions, like Outward Bound’s Florida Key’s Sailing for Adults. The idea is to put a tool in your hands that will almost certainly drive your clients to gain new insights into themselves. Ultimately, only you can answer the question of whether ABC is an appropriate tool for your practice or your clients.

Where Can You Learn More?

- CORE Adventure Group at www.coreadventuregroup.com
- Association for Experiential Education at <http://www.aee.org/tapg-best-practices>
- Project Adventure at www.pa.org
- International Adventure Therapy at www.internationaladventuretherapy.org
- Lee Gillis, PhD at www.leegillis.com
- Outdoor Behavioral Healthcare Research Cooperative (OBHRC) at <http://obhrc.org>



Starting a Private Practice

Dawn M. Echols MS, LPC

Starting and maintaining a private practice requires a multitude of skills in marketing, administration, and budgeting. You need business professionalism in addition to your professional identity as

a counselor. Striking a balance between the two can be the formula for a successful private practice. Entrepreneurial skills call for an understanding of good business ethics and the ability to effectively communicate, and in many cases, negotiate, for profitable business agreements. A private practice counselor is an entrepreneur.

Initially, entering the profession requires directed experience and supervision, which prevents anyone but fully licensed counselors from working independently; this includes private practice. If you are not fully licensed, someone up the chain of command must have the ability and willingness to “hire and fire” the counselor under supervision. Only Fully licensed counselors are qualified to own a private practice, work independently, and/or hold financially vested positions in agencies or practices!

The most common type of private practice is usually registered as an LLC, and the counselor works alone (i.e. ‘solo’ private practice). Other options include registering as a corporation (Inc.), or less commonly, as an S Corp. It is a good idea to utilize a business consultant, if possible. At least, begin with a good business plan. A business plan includes demographics, competitor intelligence, trademark and logo research, a budget, as well as marketing and advertising, among other important details. Part of a good business plan includes researching demographics in order to choose your office location (a concentration of good counselors or multiple counseling options in your selected demographic can signal the need to locate elsewhere). Additional considerations are furnishings and equipment. Other responsibilities include: filing a business license, filing for an occupational license if required, as well as building and managing a website, plus any selected social media.

For counselors, our name is a brand. People come to see their counselor, not the practice. It is useful to think of both your name and your practice name as independent brands. Branding means an online presence, either through directory listings or your own website, if not a combination. Most say that word of mouth is still the gold standard, but many sources claim that up to 75% of potential clients first look online. Check with other practitioners about their experiences with specific directories and website hosting companies. Websites come at an expense, so shop smart.

Budgeting is critical. You will need one to two years of operating capital, if not five. Investigate small business loans and grants. Budgeting and analytical details will protect the financial health of the business you’ve started and worked so hard to build, while marketing will help you maintain a robust caseload and keep your income stream flowing. Earning a living as a counselor can create its own ethical dilemmas as counselors struggle with earning the amount they need or want, while keeping their caseload in balance to avoid compassion fatigue or burnout. Many counselors build their caseload by working their private practice part-time, while continuing a separate full-time job for steady income. If you

continued on page 9

New Educational Requirements for all Licensed Psychotherapists Regarding Diagnosis

Howard A. Gold, Esq.



LPCs are Allowed to Diagnose

Governor Deal signed a bill into law on April 26, 2016, that “the mental health and wellness needs of Georgia citizens require the availability of trained mental health professionals who can accurately diagnose, treat, prescribe, and appropriately assess mental and emotional disorders.” This law added diagnosis as a permitted activity for professional counselors, but also mandated a requirement for training in diagnosis.

It is important for you to know the following:

1. The law covers licensed psychologists, psychiatrists, professional counselors, marriage and family therapists and clinical social workers. Licensees working with people with mental illness, developmental disability, or substance abuse must meet the educational requirements noted in this law.
2. To assure that the general public receives high quality and appropriate mental health services, each board mandates that its licensees seek and successfully complete appropriate continuing education and training. The educational requirements require that clinicians must demonstrate proof of graduate-level course-diagnosis (proof by transcript is suggested) or continuing education for diagnosis. If you have completed the graduate course work and have the transcript to prove it, you are exempt from the continuing education requirements mandated by law. Please keep in mind that one graduate-level credit hour equals fifteen continuing education hours. **Please contact your professional licensing organization for more information.** Your professional licensing organizations approve training programs that can be applied toward the educational requirements.
3. All persons whose licensure is regulated by State Boards, and who do not qualify for exemptions as noted in this article, shall complete such curriculum no later than midnight, December 31, 2017.
4. Clinicians licensed for at least ten years before April 26, 2016, who are in good standing, shall be grandfathered in and exempt from these requirements. However, you must have maintained your license without interruption in order to qualify for this exemption.
5. This requirement is one-time and not on a continuing basis.
6. One big question this law does not address is what happens with future therapists licensed after January 1, 2018. It would be unusual if educational requirements were not rolled over each year, but that is still a question unresolved by this law.

Folks, this is not a rule nor a regulation. It is the law. Don't procrastinate. This year is moving fast!

Book Review: *Common Principles of Psychotherapy* by Chris Kleinke

Tim Robinson, LPC, CAS-F



The purpose of this article is to review a book on advanced clinical practice. There are many good books that present an overview of various clinical schools of counseling. They provide a thorough overview with theoretical explanations of the interventions and practices of each school of psychotherapy. However, it is likely that students have been exposed to these or have used them in their courses of study. It seems better to present a book that is transtheoretical.

Common Principles of Psychotherapy by Chris Kleinke (1994) has not been revised since the publication date. This could be a problem if it focused exclusively on theories. Even then, it is current with most these, such as Schema therapy, Reality therapy, etc. The interventions that it describes are not lagging, such as Motivational Interviewing. Many familiar authors are cited: Aaron Beck, Albert Ellis, Jeffrey Young, Irwin Yalom, William Glasser, Donald Meichenbaum, G. Allen Marlatt, etc.

The use of this book also serves as a companion to the last book review done by this author: *How to Fail as a Therapist: 50 + Ways to Lose or Damage your Patients* (Schwartz B. & Flowers, J. B., 2007). Both publications provide suggestions and practical advice for successfully navigating every stage of the therapy process including ways to deal with client dynamics, such as resistance. They also provide information on professional practice and ethics. *Common Principles of Psychotherapy* (Kleinke, C., 1994) has much more information than the other on counseling theory as a change agent, references, ethics and a very good chapter on *Some Philosophical Issues*.

The book opens with a lengthy and myriad list of common factors that all schools of psychotherapy share. These are the conditions and practices that create client change. The chapters in the first half of the book cover: the psychotherapy process, goals, skills, interventions and the counseling relationship. Interesting elements that are introduced include: using paradoxical interventions, metaphor and imagery. Therapist self-disclosure is also examined.

Common Principles of Psychotherapy (Kleinke, C., 1994) also offers a chapter on assessment. Another interesting chapter covers starting therapy; it offers assessing the client's likelihood of success, information on setting up clients for success and general information on who seeks treatment. The final two chapters to note are ethics and philosophical considerations (which stress joining professional organizations). Another benefit of this publication is that each chapter ends with suggestions for further study and a hefty list of the pertinent readings. This book is extensively researched, as demonstrated by the list of 24 pages of small print references.

I highly recommend this book. It gives the reader research on many ways that therapy can be enhanced, more than is often limited by only one model. The book also offers concrete ways to leverage techniques, regardless of the therapy model that the clinician is using. Finally, this book offers a significant amount of philosophical writing that addresses what psychotherapy is, why change occurs and the identity of the counselor.

Kleinke, C. (1994). *Common Principles of Psychotherapy*. Pacific Grove, CA.: Brooks Cole Publishing Co.
Schwartz B. & Flowers, J. B. (2007). *How to Fail as a Therapist: 50 + Ways to Lose or Damage your Patients*. Atascadero, CA.: Impact Publishers.

Options for New Graduates

Michael Phillips, APC



As a recent graduate and now an APC, I was asked to contribute a few words regarding potential avenues new graduates might travel into the vocation of mental health counseling. I began my post-masters work over a year ago, and it is from this vantage point that I will attempt to transmit what has been my truth thus far as a beginning counselor. Though the path I have chosen may vary in details from what an upcoming or recent graduate might be considering, my hope is that the spirit of my experience will speak to some of the questions that seem to be common at this juncture of one's professional journey.

As graduation from my program came nearer, it became clear to me that I wanted to receive post-masters training at a psychiatric hospital that provided both inpatient and outpatient services. The opportunity of working with people on what could be described as a wide spectrum of mental illness, and health, was something that I strongly valued. I now work at such an organization in Smyrna, Georgia that cares for the adolescent, young adult, adult, and older adult populations suffering from primary psychiatric, addiction and dual diagnoses. Being exposed to this vast range of populations, as well as differing diagnoses and varying levels of acuity has proven to be invaluable to me. Working in this type of environment has not only been optimal for my LAPC training, but it also serves as a self-imposed ethical mandate now that LPCs have been legally given the right to diagnose. I also had aspirations of private practice work, and after seeking and obtaining a director/supervisor, I began offering services to private clients on a limited basis. As rewarding as this particular work has been, it has already become clear to me that this particular path can lead to one becoming isolated (the very thing I was trained not to do in my program). Working with a team of clinicians at a psychiatric hospital has allowed me to experience the antithesis of the above description. This leads me back to what I described earlier as the vital factor of deciding where to begin my post-masters training.

Upon graduation, I knew that no matter where I was to start my training as a counselor, the most critical question for me was regarding the quality of direction and supervision I would receive. My mentors in the psychology department at the University of West Georgia instilled the absolute importance of clinical supervision. "This work is much bigger than me" still rings in my ears as a reminder of the continuous guidance that is ethically necessary as well as my growth into the counselor I aspire to be. It has been my experience that in order for me to "do no harm" I need ongoing clinical supervision from a mentor that I value and trust as well as from my fellow work colleagues. Receiving daily support and guidance in the work setting is by far the one of the most important factors I would submit to those entering our profession.

There are many options for employment (e.g., psychiatric hospitals, substance abuse treatment centers, community mental health clinics) for new graduates embarking on their journey into our vocation. In conclusion, with this in mind, my experience as a neophyte counselor has revealed to me that the following two questions are best to be considered together:

***Where would I like to begin my training to begin?
Where will I receive the supervision (beyond minimal compliance) that is necessary ethically and will promote my growth as a counselor?***

Choosing a Supervisor: What Every Beginning Clinician Should Know!



*Jeff Hughes, EdS, LPC
CPCS Chair*



*Tracey Layman, MA
LPCA Student Rep*

While we are in school learning to become counselors, no one ever tells us what to look for in a supervisor or what questions to ask when choosing a supervisor. This list will get you started.

1. Be picky when it comes to selecting a supervisor.

Don't choose the first person who says they can supervise you. Shop around like you would for anything else you are purchasing. Ask others who they have gotten supervision from and how they felt about their choice. This will often tell you a great deal about a supervisor. Contact LPCA as we are a good resource to find the type of supervisor you need.

2. Ask how long they have been providing supervision.

Beginning supervisors may not be able to give you the kind of direction you need to grow into a well-rounded clinician compared to a supervisor with more experience. Experienced supervisors make mistakes too, especially if they don't apply their own professional development as a supervisor. Also ask how long they've had their CPCS as well.

3. Ask how many people they have supervised who were seeking licensure.

It is important to find out if you are their first, fifth, twentieth, or later supervisee. Those who have done the dance a time or two will usually be more resourceful and will know all the idiosyncrasies of the licensure documentation. New supervisors can also be good at this process, as they will be cautious and ask questions before letting you submit incomplete paperwork.

4. Discuss the paperwork required for licensure.

While you need to know what paperwork is required, too often things that a good supervisor will catch are not realized until paperwork comes back from the GA Composite Board. Ask lots of questions about the paperwork and the process. If your supervisor doesn't know, reach out to the LPCA-GA to get the correct answers before you have to correct something you've submitted.

5. Ask if their supervisees have ever had paperwork rejected/audited by the GA Composite Board.

Beginning supervisors are apt to make more mistakes when it comes to the documentation but so are seasoned veterans. This is important to know because supervisors who don't stay up to date on changes in the paperwork cause the supervisee to have to resubmit paperwork which causes delays in the process of getting licensed.

6. Make sure they have the expertise/experience in your clinical specialty.

Some supervisors will profess to know everything, when in reality that just isn't possible. It's also unethical for a supervisor to provide supervision in an area where they don't have the experience to guide your professional growth. If you are working in a specialized area or seek expertise where you want to be the best you can be, having a supervisor who has that background is crucial.

7. Ask what supervision model they work from.

There are many supervision models, some of which are similar to therapeutic models, others are specific to supervision. A good supervisor will tell you what model they use and why. Those who don't tell you or can't identify what model they use can't provide the expertise and development that you need. Research shows that supervisors who don't work from a specific supervision model are more prone to deliver lousy supervision and not recognize the needs of the supervisee (Magnuson, Wilcoxon, & Norem; 2000).

8. Expect and demand a written supervision contract.

A supervision contract is intended to define the agreement between supervisor and supervisee. It will discuss things like expectations, cost, frequency, type of supervision, evaluation, and termination of the agreement. It should never have things like a buy-out clause, as supervision is open ended and either party should have the ability to separate from the working relationship with just cause. Don't sign a contract that contains a buy-out clause as that is unethical and unprofessional.

9. Discuss what happens if either one of you decides to terminate the supervision agreement.

This is important for you to know all the different ways supervision can be terminated. Supervisors may terminate for your failure to pay or failure to follow direction. Supervisees may choose to terminate because they aren't getting their training needs met, there is a personality conflict, or may move out of the area. Remember, if you're paying for the service, you have a right to choose who you get supervision from.

10. Ask if they conduct supervision in individual, triadic, or group format.

This is important to know based on what environment you learn best within and how intensely you need additional supervision. Group supervision will be less expensive, but will also provide you with a diverse learning environment with other supervisees. Individual and triadic costs more, but they may be what you need for your own personal development and personality.

11. Find out how they will evaluate you and how often.

Good supervisors evaluate you all the time but also set aside time to document a formal evaluation. This is important to talk about how your needs are being met and where you want to grow and develop as a counselor.

12. Look at how your personality and the potential supervisor's might mesh or conflict.

Just like anyone you know, personalities can often conflict, so keep that in mind as you shop for a supervisor. Someone may be an excellent supervisor, but if the two of you don't click, it can be prohibitive on your experience and learning. Don't be afraid to tell your supervisor if you feel you need to change to someone who will be a better fit for your development.

What I Wish I Knew Then: Letter From a Seasoned Therapist To Our New Graduates

Gord Skoglund, LPC

New Graduates—Time to dig in for your future to soar (or doing the legwork before or immediately after graduating to find the career path that best suits you).

As a little background, I had my counseling career “all figured out” once my internship came together. A senior professor and the newly retired dean (a well-respected person in the field) convinced a neuropsychologist to take me on as his first master degree internship (all past interns had been PhD candidates). I even turned down an internship at the local hospital that paid interns, gave ER assessment hours, and group therapy exposure. Once I graduated, I found that Neuro Therapist counselor positions for people with only a Master’s degree were few and far between. I had gained great experience, but not experience that would land me my first job.

You have been taught in graduate school to use “tools” to help your future clients. However, many schools do not give you “tools” to plan your long term or even immediate career goals. Schools use internships as a “real world” teaching vehicle (e.g. applied education), and assume that internships give their students “direction” for their future employment. However, many students make choices about which internship to pursue based on which are paid because their immediate economic need is their top priority, rather than which internship will give them an advantage when finding their first job. Other students choose an internship based on work hours, and for others location is a critical factor. Considering your long-term career goals when choosing your internship may serve you better after graduation and in your future career.

Now that you have graduated and you’re one of the many who either have a job they don’t really want or have no job at all, what do you do next?

Rely on your tools. More precisely, employment tools.

Your greatest employment tool is networking. While many graduates know of the “practice” of networking, many in the counseling graduate schools undervalue its importance. Networking in practice means maintaining connections with those with whom you have established a relationship. It does not mean reaching out to someone only when you have a request or a problem. Your network should include a lot of different people with different perspectives and roles in your work life.

Mentors—Did your school assign you a mentor? She or he may be most valuable to you now that you have graduated.

Fellow classmates—Have you stayed involved with your classmates during school and after graduation? Have you at least been staying up-to-date via group Facebook postings?

Internship supervisors—Did you cultivate positive relationships with your supervisor and other professionals with whom you worked? Hopefully you did a good job at your internship site and can rely on these professionals for references, and career advice.

Professors—Have you spoken with a faculty member in your program about your career goals? While a few professors have stayed totally involved in the academic environment, most have relationships with practicing professionals in the field.

Alumni organizations—Are you a member of your alumni organization? These vary widely by school and can also vary in the number of connections in the counseling field. Still, this is often overlooked resource that can be of use in your career.

Professional organizations—Are you already a member of a relevant professional organization? While these organization often have a nominal cost to join, the resources offered often are more than worth the cost. The job boards can be extensive, seminars offer opportunities for specific relationships, and conventions bring a broad and varied array of professional contacts.

While I have focused on different networking sources, there are many other types of career sources. One the most overlooked strategies is to put into place your own job sampling arrangement. Often these can be paid opportunities using part time jobs and/or on call positions.

Also, part of successful networking is giving back and maintaining relationships. If you hear of a job that isn’t right for you, but would be ideal for a classmate, drop them a line with the information. They will appreciate, and may one day return the favor. Even if you have not previously established ongoing relationships with the various sources above, you can use your counseling skills to reconnect with them!

NBCC Foundation Bridging the Gap Symposium

The NBCC Foundation hosted the *Bridging the Gap Symposium: Eliminating Mental Health Disparities*, May 24–26, 2017, in Atlanta, Georgia. LPCA member LaVerne Hanes Stevens, NCC, LPC, MAC, BCC, DCC, ACS, is the Program Director for the NBCC Foundation. The conference focused on a variety of counseling topics, including: Brain-based interventions; Pharmacology and neurology. Tracey Carter, LPCA Eastern District Chair, was in attendance.



Sherry Allen, Executive Director of NBCC Foundation and Tracey Carter



Tracey Carter and Julie Smith, 2015 NBCC Doctoral Fellow and Symposium Presenter



LPCA Founder: Charles W. Good

Before I share with you my years with LPCA of GA, I will give you a brief picture of my life of helping people.

After finishing my Biblical and Theological training at Toccoa Falls College, I married my college sweetheart Ruth Woerner. We moved to Texas where

I became a pastor of a small church for three years. Two beautiful girls were born to Ruth and me while we were there. Then as a family, we moved to Indiana, where I attended Taylor University with a major in History. While attending classes at Taylor University, I became pastor of a Christian Church in Muncie, Indiana. Upon graduation, we went to Costa Rica to study Spanish. Then, we moved to Peru, South America, where we spent ten years helping people. Also, a son was born to us, which completed our family. While home from Peru, I was asked by the President of Toccoa Falls College to consider a teaching position, which I did. While teaching, I furthered my education at University of Georgia and Highland University, receiving my MEd in counseling and EdD.

I have been counseling in the state of Georgia since July 1982, at Toccoa Counseling Center. In September of 1987, I received my professional counseling license in Georgia. I have served on the Board of the Licensed Professional Counselors Association for two decades.

My first contact began when Chuck Goodwin called me one hot summer day of an idea he had. He wanted to establish a professional counselor's organization in Georgia. He asked me if I would be interested in being a part of such an idea. I said that I would love to see a professional organization in Georgia.

A meeting was set to meet on a Saturday at the Mental Health facilities in Atlanta, to discuss, to plan, and to develop a simple organization with people becoming representative of various districts was established. I also was asked to represent what was called the Northern District, which would be the area from Toccoa to Rome, Georgia.

It was decided that we needed an annual convention with each district providing at least two workshops a year. These workshops would be free to its members creating great interest and growth for the LPCA. Because of the large area and the mountains, I decided it would help our members if I had one workshop in the Rome area and the next one in the Toccoa area, which was a success.

As we grew in numbers, many members did not really like our original name *Professional Mental Health Counselors Association* because we had many members who were Professional Counselors from various different backgrounds. Therefore, after much debate, our name was changed to Licensed Professional Counselors Association. Also, we established a Scope of Practice that enabled us to practice with more clarity.

After many years on the Board, I was nominated and elected to be Vice President while Karen Wulf was President. As Vice President, one of my responsibilities was to plan and set up our Annual Convention. All of our Conventions had been held in the Greater Atlanta area. The membership wanted a change.

Therefore, we moved the Annual Convention to the coast and had a large attendance. Also, we invited an outstanding speaker, Pat Love, to present along with our workshops. These changes seemed to be so appreciated by our members that the pattern was adopted. Every other year the Annual Convention was held outside of Atlanta and a special speaker was invited to the Annual Convention.

I became the President of the LPCA for the year of 1999. During these years, I have supervised over five people in the field of counseling which enabled them to be licensed as a professional counselor in the State of Georgia.

Our LPCA seemed to grow in members from conception. For many years, there was talk that we needed an Executive Director to deal with all the business transactions. I believe, Karen Wulf, who was President while I was Vice President, the Board interviewed and elected an Executive Director, which began to serve under my Presidency on a part-time basis.

In my opinion, the Executive Director moved too quickly in making changes causing a great deal of stress and conflict on the board. He decided that he wanted to work with a lawyer that he knew and felt he could do us a good job. Therefore, he notified our previous representative that he was ending his services. This caused a great deal of hostile feelings and division on the Board. There were many other decisions the Executive Director made, which caused a great deal of conflict. I'm not sure if he stepped down or his services were terminated by the Board.

Nevertheless, we as a professional organization continued to grow in membership giving us a greater sense to hire a qualified Executive Director to guide LPCA. The hiring of Gale to be our new Executive Director became a great wonderful event that has enabled our LPCA to be what it is today. It is a very strong Professional Organization of Counselors who is helping people become healthy people living with purpose.

It has been a privilege and a great honor to have had the opportunity to serve and work with such a wonderful, talented, and caring group of men and women. My hope, vision and prayer is that we will stay focused on the goal of encouraging and giving hope to needed people through professional counseling.

On December 30, 2016, due to poor health, I closed Toccoa Counseling Center. I'm, 88 years old and perhaps, the oldest active member of LPCA. I miss you all, but I'm enjoying retirement.

(Starting a Private Practice continued from page 5)

elect this option, be sure that you are not violating a work agreement with your employer; this can be a problem if your part-time private practice offers the same services as your employer!

Many therapists choose to accept insurance; while others elect to run solely on self-pay clients. Most practitioners do both. If accepting insurance, you have to apply for panels. Talk with other therapists about their process for getting on panels. An important last, and ongoing, step is to understand the implications of proper claims processing! Remember that there is a delay between submission of claims to payments! Some claims may be rejected. Consider a medical biller if you are not strong in this area. Some networks may require specific documentation and the use of evidence-based treatments only (and may require documentation of that fact). Much of the work of LPCA here in our state has been to retain or earn the right for you to practice in these networks (diagnose, 1013, etc.).

Preparation and patience will be key to a successful launch into private practice, while the discipline of maintaining good business operations are foundational to long-term stability, especially since caseload number will fluctuate. These are just some of the main points to consider when contemplating private practice. I hope that these suggestions help you find your way to the best work setting for you!

LPCA 29TH ANNUAL CONVENTION



Joel Bagby, Karen Wolf and John Burns, III



2017-2018 LPCA Board (not all the Board is in the photo)

Front Row L-R: Katie Tolleson, Rachel Hopkins, Dawn Echols, Tracey Carter, and Galen Cole
Back Row L-R: Darrell Brooks, Jessica Hatcher, Angela Powel-Smith, Todd Love, Mamie Jones, Tim Robinson, and Jeff Hughes



Francie Livingston, Winner of Free Golfing at Resort



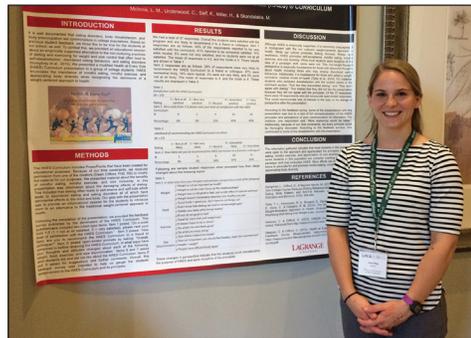
Kristen Fraser, Winner of 1-year LPCA Membership



Amanda White, Winner of Free Golfing at Resort



Donna Plamer, Winner of Free 2018 LPCA Convention



Researcher from LaGrange College
Laura May McInnis



A Very Busy Sonia Torretto!



Professor Dr. Kelly Veal and LaGrange Student Researcher Ashley Moore



Connie Wilds-Glover, Army Captain



Edmund Capparucci, Winner of Free 2018 LPCA Convention



James Rowe, Winner of Free Golfing at Resort



Jim Payne and Katheryn Klock-Power



André Marria, Sonia Torretto and Sawyer



Catherine Cox, Winner of Free Golfing at Resort



Lauren Hearn, Winner of Free 2018 LPCA Convention



Kelly Veal Workshop: *EMDR: The Missing Piece in Substance Abuse Treatment?*



Panel Discussions: Carolyn Ramp, Kelly Veal, Sonja Southerland, Brittany Lyle, Greg Moffitt, and Don Durkee



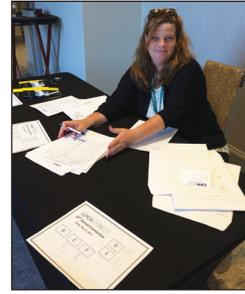
Rebecca Fin, Winner of 1-year LPCA Membership



Joyce Darden-Arnette, Winner of 1-year LPCA Membership



André Marria and Theresa Holt



Amazing LPCA Convention Volunteer Angela Hamilton



Mamie Jones



Perfect Evening on the Water



Darrell Brooks and his wife Dr. Tonita Baines with precious son Donovan



Carolyn Ramp and Angela Feeser Presented *Ethical Dilemmas*



Beautiful Venue for Our 29th Annual Convention!

CONTINUING EDUCATION

LPCAContinuingEducation@gmail.com

Title: *The Lowcountry Mental Health Conference*
Dates: July 27–28, 2017
Location: 95 Calhoun St., Charleston, SC
Core: 13.5
Contact: David Diana Phone: 843-696-0977
Email: david@davidpdiana.com
Website: www.lowcountrymhcconference.com

Title: *Working with Sexually Reactive and Traumatized Youth*

Date: July 27, 2017
Location: 4290 Memorial Dr., Ste. B., Decatur, GA
Core: 6
Contact: Nathalie D. Ellis Phone: 678-732-7269
Email: info@esteemcounselingservices.com
Website: www.esteemcounselingservices.com

Title: *Brainspotting: New Frontiers in Brain-based Therapies*

Date: July 28, 2017
Location: 3754 Lavista Rd., Ste. 200, Tucker, GA
Core: 3
Contact: David Lane Phone: 770-810-5789
Email: wdlane@compassioncovecounseling.com
Website: https://compassioncovecounseling.com

Title: *Addiction as an Attachment Disorder*

Date: July 28, 2017
Location: Talbot Dunwoody, 2153 Peachford Rd., Atlanta
Core: 3
Contact: Dianne Gay Phone: 678-232-3402
Email: dianne.gay@uhsinc.com
Website: www.foundationsatlanta.com

Title: *Ethics on Building and Maintaining a Private Practice*

Date: July 28, 2017
Location: Freedom Driving School
 4347 Mundy Mill Rd., Ste. A2, Oakwood, GA
Ethics: 5
Contact: Patti Shipp Phone: 770-540-8149
Email: patti@integrated-counseling.com
Website: www.integrated-counseling.com

Title: *The Opinions We Held Certain Yesterday May not be Adequate of the Problems Today*

Date: July 28, 2017
Location: View Point Health, 175 Gwinnett Dr., Lawrenceville
Core: 6
Contact: Donna Johnson
Phone: 770-714-7605
Email: donna@addictionsolutions.org
Website: http://addictionsolutions.org

Title: *Basic Understanding of Psychotropic Medications*

Date: July 28, 2017
Core: 3
Contact: Renee Sylvester and Tommy Black
Phone: 912-876-4010
Email: kchapmanba@gmail.com

Title: *Anger Management: Confronting Our Anger for Good*

Date: July 29, 2017
Location: 110 Habersham Dr., Ste. 116, Fayetteville, GA
Core: 6
Contact: Darnell Blocker Phone: 770-946-2312
Email: info@theheavenlytherapy.com
Website: www.theheavenlytherapy.com

Title: *Anger Management for Individuals with Developmental Disabilities*

Date: August 1, 2017
Location: 44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: g1212@aol.com
Website: www.angermanagementofga.com

Title: *MAAD: Managing Angry Adolescents Differently*

Date: August 1, 2017
Location: 44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: g1212@aol.com
Website: www.angermanagementofga.com

Title: *How to Execute an Order for 1013 and 2013*

Date: August 5, 2017
Location: 1905 Woodstock Rd., Ste. 7150, Roswell, GA
Core: 2.5 Ethics: 0.5
Contact: Jacqueline Oduselu Phone: 404-644-5523
Email: registration@peacemaker-solutions.com
Website: www.peacemaker-solutions.com

Title: *Safety Net Conference*

Date: August 5, 2017
Location: 709 Mall Blvd., Savannah, GA
Core: 5 Ethics: 1 Supervision: 1
Contact: Allen Delaney Phone: 912-790-4162
Email: adelaney@southernuniversity.edu

Title: *Equip Yourself to Offer Telemental Health Services*

Date: August 5, 2017
Location: 8744 Main St., Ste. 303, Woodstock, GA
Core: 6 Telemental: 6
Contact: Shannon Barnes Phone: 770-227-2593
Email: drshannonbarnes@tranquilitycounselingserv.com
Website: www.tranquilitycounselingserv.com

Title: *Essential Therapy Interventions for Children and Adolescents*

Date: August 5, 2017
Location: 3966 South Bogan Rd. NE, Buford, GA
Core: 6.5
Contact: Joy Mock Phone: 678-313-4493
Email: mandmtherapysolutions@gmail.com
Website: www.mandmtherapysolutions.com

Title: *Changing Times: Counselor Ethics, Assessment, Treatment and Supervision—Personality and Vocational Type*

Date: August 9, 2017
Location: 100 Bull St., Ste. 200, Savannah, GA
Core: 5
Contact: Frank Lay Phone: 912-721-8777
Email: frank.lay@ibhsr.org
Website: https://www.ibhsr.org

Title: *Ethical and Legal Issues in Addiction and Tele-Therapy*

Date: August 10, 2017
Location: View Point Health
 175 Gwinnett Dr., Lawrenceville, GA
Ethics: 6 Telemental: 6
Contact: Donna Johnson Phone: 770-714-7605
Email: donna@addictionsolutions.org
Website: http://addictionsolutions.org

Title: *Introduction to Transgender Issues and Gender Diversity*

Date: August 11, 2017
Location: Skyland Trail, 1961 N. Druid Hills Rd., Atlanta
Core: 3
Contact: Dawn Collinge Phone: 404-709-3171
Email: dcollinge@skylandtrail.org
Website: www.skylandtrail.org

Title: *Introduction to Dialectical Behavioral Therapy*

Date: August 11, 2017
Location: 3754 Lavista Rd., Ste. 200, Tucker, GA
Core: 3
Contact: David Lane Phone: 404-441-0338
Email: timothy@compassioncovecounseling.com
Website: https://www.compassioncovecounseling.com

Title: *Opiate/Heroin Addiction Among Teens and Young Adults: What You Need to Know*

Date: August 11, 2017
Location: Freedom Driving School
 4347 Mundy Mill Rd., Ste. A2, Oakwood, GA
Core: 3
Contact: Patti Shipp Phone: 770-540-8149
Email: patti@integrated-counseling.com
Website: www.integrated-counseling.com

Title: *Working with Couple's Resistance to Therapeutic Change*

Date: August 11, 2017
Location: 1758-B Century Blvd. NE, Atlanta, GA
Core: 5
Contact: Alyson Caffyn Phone: 404-312-8880
Email: alliecaffyn@gmail.com
Website: www.thecouplescollege.com

Title: *Exploring Models of Supervision*

Date: August 11, 2017
Location: MUST Ministries, 1407 Cobb Pkwy., Marietta, GA
Core: 6 Supervision: 6
Contact: Bryan Stephens Phone: 770-429-5002
Email: bgstephens@cobbcsb.com
Website: www.bstephens.com

Title: *Madness, Manipulation, Control and Other Dirty Words of Codependency*

Date: August 12, 2017
Location: 399 Plantation Way (Clubhouse), Macon, GA
Core: 6
Phone: 678-736-9424
Email: elainedilbeck@renewurmind.com
Website: www.renewurmind.com

Title: *Ethics for the Mental Health Professional*

Date: August 12, 2017
Location: 1905 Woodstock Rd., Ste. 7150, Roswell, GA
Ethics: 6
Contact: Jacqueline Oduselu Phone: 404-644-5523
Email: registration@peacemaker-solutions.com
Website: http://www.peacemaker-solutions.com

Title: *How to Execute an Order for 1013 and 2013*

Date: August 16, 2017
Location: 1905 Woodstock Rd., Ste. 7150, Roswell, GA
Core: 2.5 Ethics: .5
Contact: Jacqueline Oduselu Phone: 404-644-5523
Email: registration@peacemaker-solutions.com
Website: www.peacemaker-solutions.com

Title: *Finding Your Place in Private Practice*

Date: August 18, 2017
Location: Marietta Museum of History, 1 Depot St., Marietta
Core: 3
Contact: Amy Robbins Phone: 706-406-3404
Email: amyrobbinslpc@gmail.com
Website: www.amyrobbinscounseling.com

Title: *Adlerians in Action 10th Anniversary Conference GSAP*

Dates: August 18–20, 2017
Location: Callaway Gardens, Pine Mountain, GA
Core: 26 Ethics: 11 Telemental: 6 Supervision: 24
Contact: Michele Frey Phone: 678-386-9079
Email: freycounseling@gmail.com
Website: www.adlergeorgia.com

Title: **Ethics for Supervisors: Imparting Wisdom**
Date: August 18, 2017
Location: 4830 River Green Pkwy., Ste. 150, Duluth, GA
Ethics: 6 Supervision: 6
Contact: Kristin Ryan Phone: 770-331-9988
Email: krisryanlpc@gmail.com
Website: www.growdeepcounseling.com

Title: **Psychosocial Approaches In Working with African American Urban Males**
Date: August 18, 2017
Location: 44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: G1212@aol.com
Website: www.angermanagementofga.com

Title: **The Thriving Therapist**
Date: August 19, 2017
Location: Hwy 120, 989 Duluth Hwy., Lawrenceville, GA
Core: 5
Contact: Kerry Winchell Phone: 404-519-7842
Email: gotthebestlife@gmail.com
Website: www.kerrywinchelllpc.com

Title: **Counselor Assessment Tools for Children and Adolescents: Career Assessment for Adolescents to Support Transition to Independence**
Date: August 19, 2017
Location: 100 Bull St., Ste. 200, Savannah, GA
Core: 4
Contact: Frank Lay Phone: 912-721-8777
Email: frank.lay@ibhsr.org
Website: <https://www.ibhsr.org>

Title: **Military Culture and Counseling: Part I**
Date: August 19, 2017
Location: FVSU Warner Robins Center
151 Osgian Blvd., Warner Robins, GA
Core: 6
Contact: Lindsay Brown Phone: 404-819-0882
Email: lkbrown@brownpayneinnovations.com
Website: <http://brownpayneinnovations.com>

Title: **Crisis Under Control: Clinicians Providing Critical Incident Stress Management and Debriefing to Schools, Businesses, and Communities**
Date: August 19, 2017
Location: Hilton Garden Inn, Columbus, GA
Core: 5
Contact: Cynthia Freeman-Small Phone: 678-941-9510
Email: drfsmall@gmail.com
Website: www.focuscenteredtherapeuticservicesllc.com

Title: **Changing Times: Counselor Ethics, Assessment, Treatment and Supervision—Dual Diagnosis Dilemmas: Assessment and Treatment**
Date: August 23, 2017
Location: 100 Bull St., Ste. 200, Savannah, GA 31405
Core: 5
Contact: Frank Lay Phone: 912-721-8777
Email: frank.lay@ibhsr.org
Website: <https://www.ibhsr.org>

Title: **An Introduction to EMDR (Eye Movement Desensitization Reprocessing)**
Date: August 25, 2017
Location: 3754 Lavista Rd., Ste. 200, Tucker, GA
Core: 3
Contact: David Lane Phone: 678-547-6301
Email: wdlane@compassioncovecounseling.com
Website: <https://compassioncovecounseling.com>

Title: **Ethics on Building and Maintaining a Private Practice**
Date: August 25, 2017
Location: Freedom Driving School
4347 Mundy Mill Rd., Ste. A2, Oakwood, GA
Ethics: 5
Contact: Patti Shipp Phone: 770-540-8149
Email: patti@integrated-counseling.com
Website: www.integrated-counseling.com

Title: **Ethical Decision Making in Play Therapy and Working with Minor Clients**
Date: August 25, 2017
Location: 1269 Parker Rd., Conyers, GA
Ethics: 3
Contact: Jill Osborne Phone: 404-234-0546
Email: kjillosborne@gmail.com
Website: <http://www.jillosbornelpc.com>

Title: **The Power of Being Present: Creative Mindfulness Technique**
Date: August 25, 2017
Location: Hillside Campus, 1301 Monroe Dr., Atlanta
Core: 3
Contact: Gaan Akers Phone: 404-545-2163
Email: gakers@hside.org
Website: www.hillsideDBT.org

Title: **Creative CBT Interventions for Children and Teens**
Date: August 25, 2017
Location: 255 Village Pkwy., Ste. 580, Marietta, GA
Core: 5
Contact: Laura Le Phone: 770-726-9589
Email: laura@artitout.com
Website: www.artitout.com/workshops

Title: **Coaching Using the DISC Behavioral Profile**
Date: August 25, 2017
Location: High Impact Training and Counseling
44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: g1212@aol.com
Website: www.angermanagementofga.com

Title: **Coliseum Center for Behavioral Health LPC Lunch 'n' Learn Series**
Date: August 25, 2017
Contact: Jessica Hatcher Phone: 478-464-1294
Email: Jessica.Hatcher@HCAhealthcare.com

Title: **Non-Suicidal Self-Harming**
Date: August 25, 2017
Core: 3
Contact: Krystal Mehalko Phone: 912-8764010
Email: kchapmandba@gmail.com

Title: **Anger Management: Confronting Our Anger for Good**
Date: August 26, 2017
Location: 110 Habersham Dr., Ste. 116, Fayetteville, GA
Core: 6
Contact: Darnell Blocker Phone: 770-946-2312
Email: info@theheavenlytherapy.com
Website: www.theheavenlytherapy.com

Title: **The Art of Encouragement: Positive Psychology and Creative Arts to Motivate and Encourage Part II**
Date: August 27, 2017
Location: 255 Village Pkwy., Ste. 580, Marietta GA
Core: 5
Contact: Teresa Woodruff Phone: 770-726-9589
Email: info@artitout.com
Website: artitout.com/workshops

Title: **Safety in the Office**
Date: August 28, 2017
Location: 8744 Main St., Ste. 403, Woodstock, GA
Core: 3
Contact: Shannon Barnes Phone: 770-503-6448
Email: drshannonbarnes@tranquilitycounselingserv.com
Website: www.tranquilitycounselingserv.com

Title: **Working with Sexually Reactive and Traumatized Youth**
Date: August 31, 2017
Location: 4290 Memorial Dr., Ste. B., Decatur, GA
Core: 6
Contact: Nathalie Ellis Phone: 678-732-7269
Email: info@esteemcounselingservices.com
Website: www.esteemcounselingservices.com

Title: **The ABCs of Misbehavior in Children and Teens: Anger, Bullying, and Conflict**
Date: August 31, 2017
Location: 44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: g1212@aol.com
Website: www.angermanagementofga.com

Title: **DBT in Clinical Settings: Principles and Practices**
Date: September 2, 2017
Location: 44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: G1212@aol.com
Website: www.angermanagementofga.com

Title: **Opiate/Heroin Addiction Among Teens and Young Adults: What You Need to Know**
Date: September 8, 2017
Location: Freedom Driving School
4347 Mundy Mill Rd., Ste. A2, Oakwood, GA
Core: 3
Contact: Patti Shipp Phone: 770-540-8149
Email: patti@integrated-counseling.com
Website: www.integrated-counseling.com

Title: **Authentic Forgiveness**
Date: September 8, 2017
Location: 3995 South Cobb Dr., Smyrna, GA
Core: 5
Contact: Erin Evans Phone: 770-434-4568 ext. 3001
Email: eevans@ridgeviewinstitute.com
Website: www.ridgeviewinstitute.com

Title: **Use of Role Play to Enhance Supervision**
Date: September 8, 2017
Location: MUST Ministries, 1407 Cobb Pkwy., Marietta, GA
Core: 6
Contact: Bryan Stephens Phone: 770-429-5002
Email: bgstephens@cobbcsb.com
Website: www.bstephens.com

Title: **How to Execute an Order for 1013 and 2013**
Date: September 9, 2017
Location: 1905 Woodstock Rd., Ste. 7150, Roswell, GA
Core: 2.5 Ethics: .5
Contact: Jacqueline Oduselu Phone: 404-644-5523
Email: registration@peacemaker-solutions.com
Website: www.peacemaker-solutions.com

Title: **Understanding the Intersection Between Family Violence and Substance Use**
Date: September 11, 2017
Location: 44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: g1212@aol.com
Website: www.angermanagementofga.com

Title: *Self Care is an Ethical Issue*
Date: September 13, 2017
Ethics: 5
Contact: Shannon Barnes Phone: 678-227-2593
Email: drsb@hushmail.com

Title: *Ethics on Building and Maintaining a Private Practice*
Date: September 15, 2017
Location: Freedom Driving School
 4347 Mundy Mill Rd., Ste. A2, Oakwood, GA
Ethics: 5
Contact: Patti Shipp Phone: 770-540-8149
Email: patti@integrated-counseling.com
Website: www.integrated-counseling.com

Title: *Introduction to Digital Therapeutics*
Date: September 15, 2017
Location: 2222 Bull St., Savannah, GA
Core: 4
Contact: Tommy Black Phone: 912-876-4010
Email: tom.black@esteemtherapeutics.com
Website: https://www.esteemtherapeutics.com

Title: *Supervision: Understanding and Teaching the Counseling Process*
Date: September 15, 2017
Location: 4830 River Green Pkwy., Ste. 150, Duluth, GA
Core: 6 Supervision: 6
Contact: Kristin Ryan Phone: 770-331-9988
Email: krisryanlpc@gmail.com
Website: www.growdeepcounseling.com

Title: *Counselor Assessment Tools for Children and Adolescents: Assessment Tool for Adaptive Behavioral Functioning*
Date: September 16, 2017
Location: 100 Bull St., Ste. 200, Savannah, GA 31401
Core: 4
Contact: Frank Lay Phone: 912-721-8777
Email: frank.lay@ibhsr.org
Website: https://www.ibhsr.org

Title: *The Art of Encouragement: Creative Interventions for Positive Growth and Change*
Date: September 16, 2017
Location: 255 Village Pkwy., Ste. 580, Marietta, GA
Core: 5
Contact: Janet Burr Phone: 770-726-9589
Email: teresa@artitout.com
Website: www.artitout.com/workshops

Title: *Essential Therapy Interventions for Children and Adolescents*
Date: September 16, 2017
Location: 3966 South Bogan Rd. NE, Buford, GA
Core: 6.5
Contact: Joy Mock Phone: 678-313-4493
Email: mandmtherapysolutions@gmail.com
Website: www.mandmtherapysolutions.com

Title: *Changing Times: Counselor Ethics, Assessment, Treatment and Supervision*
Date: September 20, 2017
Ethics: 5
Contact: Frank Lay Phone: 912-721-8777
Email: frank.lay@ibhsr.org
Website: https://www.ibhsr.org

Title: *Ethics: Understanding Composite Board Complaints and Investigations*
Date: September 22, 2017
Location: 2801 Buford Hwy. NE, Atlanta, GA
Ethics: 5
Contact: Eric Groh Phone: 404-985-6785
Email: eric@concentrateonyou.net
Website: www.concentrateonyou.net

Title: *Addiction 101*
Date: September 22, 2017
Location: 4347 Mundy Mill Rd., Ste. A2, Oakwood, GA
Core: 5
Contact: Patti Shipp Phone: 770-540-8149
Email: patti@integrated-counseling.com
Website: www.integrated-counseling.com

Title: *Determining Triggers that Cause Aggressive Behaviors in Children*
Date: September 22, 2017
Location: 995 Roswell St. NE, Marietta, GA
Core: 5
Contact: Catherine Roberts Phone: 678-667-0774
Email: c_roberts31@msn.com
Website: www.zealcounseling.com

Title: *Trans, I Am: The Ethical and Clinical Importance of Learning about the Transgender Experience*
Date: September 22, 2017
Location: 2849 B Henderson Mill Rd., Atlanta, GA
Ethics: 5
Contact: Angela Wacht Phone: 404-512-8184
Email: angelawacht@gmail.com
Website: www.sagecenteratlanta.com

Title: *Neuroplasticity, Hardwiring Recovery and Ethical Guidelines for Practice*
Date: September 22, 2017
Location: 3995 South Cobb Dr., Smyrna, GA
Ethics: 5
Contact: Erin Evans Phone: 770-434-4568 ext. 3001
Email: eevans@ridgeviewinstitute.com
Website: www.ridgeviewinstitute.com

Title: *Understanding Forensic Mental Health Evaluations*
Date: September 22, 2017
Core: 3
Contact: Renee Sylvester and Tommy Black
 Phone: 912-876-4010
Email: kchapmandba@gmail.com

Title: *Crisis Under Control: Clinicians Providing Critical Incident Stress Management and Debriefing to Schools, Business, and Communities*
Date: September 23, 2017
Location: 8305 H Office Park Dr., Douglasville, GA
Core: 5
Contact: Cynthia Freeman-Small 678-941-9510
Email: drcfsmall@gmail.com
Website: www.focuscenteredtherapeuticservicesllc.com

Title: *Safety in the Office*
Date: September 25, 2017
Location: 8744 Main St., Ste. 403, Woodstock, GA
Core: 3
Contact: Shannon Barnes Phone: 770-503-6448
Email: drshannonbarnes@tranquilitycounselingserv.com
Website: www.tranquilitycounselingserv.com

Title: *Working with Sexually Reactive and Traumatized Youth*
Date: September 28, 2017
Location: 4290 Memorial Dr., Ste. B., Decatur, GA
Core: 6
Contact: Nathalie Ellis Phone: 678-732-7269
Email: info@esteemcounselingservices.com
Website: www.esteemcounselingservices.com

Title: *Batterers are Not Born; They are Socialized*
Date: September 28, 2017
Location: 44 Broad St. NW, Ste. 707, Atlanta, GA
Core: 6
Contact: Gary Byrd Phone: 404-523-6074
Email: g1212@aol.com
Website: www.angermanagementofga.com

Title: *Codependency: Selfless or Selfish?*
Date: September 29, 2017
Location: 4347 Mundy Mill Rd., Ste. A2, Oakwood, GA
Core: 5
Contact: Patti Shipp Phone: 770-540-8149
Email: patti@integrated-counseling.com
Website: www.integrated-counseling.com

Title: *DBT Fundamentals I: Clinical Structure and Treatment Model*
Date: September 29, 2017
Location: Hillside Campus, 1301 Monroe Dr., Atlanta
Core: 6
Contact: Gaan Akers Phone: 404-545-2163
Email: gakers@hside.org
Website: www.hillsideDBT.org

Title: *Evidence Based Series II: The Lost Art of an Effective Substance Abuse Group*
Date: September 29, 2017
Location: 175 Gwinnett Drive, Lawrenceville, GA
Core: 6
Contact: Donna Johnson Phone: 770-714-7605
Email: donna@addictionsolutions.org
Website: http://addictionsolutions.org

Title: *Coliseum Center for Behavioral Health LPC Lunch 'n' Learn Series*
Date: September 29, 2017
Contact: Jessica Hatcher Phone: 478-464-1294
Email: Jessica.Hatcher@HCAhealthcare.com

Title: *DBT Fundamentals II: Skills for Change and Effective Communication*
Date: September 30, 2017
Location: Hillside Campus, 1301 Monroe Dr., Atlanta
Core: 6
Contact: Gaan Akers Phone: 404-545-2163
Email: gakers@hside.org
Website: www.hillsideDBT.org

Title: *Anger Management: Confronting Our Anger for Good*
Date: September 30, 2017
Location: 110 Habersham Dr., Ste. 116, Fayetteville, GA
Core: 6
Contact: Darnell Blocker Phone: 770-946-2312
Email: info@theheavenlytherapy.com
Website: www.theheavenlytherapy.com

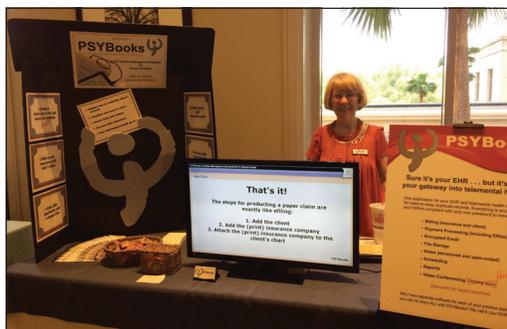
Title: *How You Can Help the Problem of Domestic Abuse (Day 1)*
Date: October 6, 2017
Location: 7316 Spout Springs Rd., Ste. 201, Flowery Branch
Core: 7
Contact: Kanya Glymph Phone: 678-648-6021
Email: growth.empowered@gmail.com
Website: DomesticAbuseSeminarNLCR.eventbrite.com

Title: *Developing Ethical Decision Making in Supervision*
Date: October 6, 2017
Location: MUST Ministries, 1407 Cobb Pkwy., Marietta, GA
Ethics: 6 Supervision: 6
Contact: BryanStephens Phone: 770-429-5002
Email: bgstephens@cobbcsb.com
Website: www.bstephens.com

Title: *How You Can Help the Problem of Domestic Abuse (Day 2)*
Date: October 7, 2017
Location: 7316 Spout Springs Rd., Ste. 201, Flowery Branch
Core: 7
Contact: Kanya Glymph Phone: 678-648-6021
Email: growth.empowered@gmail.com
Website: DomesticAbuseSeminarNLCR.eventbrite.com

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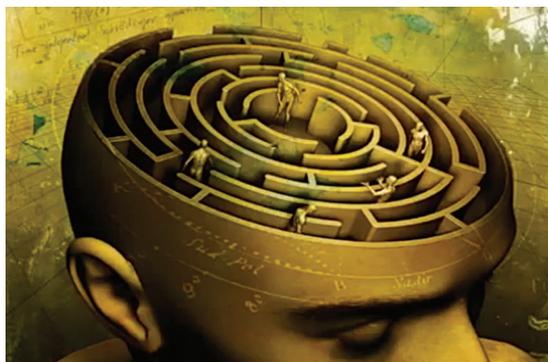
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